

JUN FAN JKD - DUMMY SETS

ENTRY - JUN FAN SALUTATION
YEE CHI KIM YEUNG MA
BI JONG
STEP BACK WITH R
BIU GEE (L)
JUK TEK (L)

SET 1

- 1) JONG SAO (L WRIST PALM INWARD BLOCK, INSIDE ARMS)
- 2) JUT SAO DA JUAN GERN (L,R)
- 3) JUT SAO + RAKE DOWN WITH R OR PULL NECK (MAN GENG SAO)
- 4) WRONG SIDE (OPP OTHER ARM) BOANG SAO (R LOOP UNDER & OUT THEN R BOANG SAO)
- 5) TAN SAO DA HA JUAN GERN (R,L)
- 6) GOANG SAO JONG SAO (L HIGH R LOW)
- 7) QUAN SAO (L LOW BOANG SAO, R TAN SAO) & STEP OVER
- 8) TAN SAO DA HA JUAN GERN (L,R)
- 9) GOANG SAO JONG SAO (R HIGH L LOW)
- 10) HUEN SAO JONG SAO (R HOOKS UNDER) – SMALL DISENGAGEMENT
- 11) JUT SAO DA JIK GERN (L,R)
- 12) JAO SAO (R UNDER & AROUND) & SEUNG BIU GEE
- 13) SEUNG JUT SAO
- 14) SEUNG TOK SAO (LIFTING UP ARMS)

SET 2

AFTER END OF #1 TOK SAO, LOWER HANDS & COME BACK UP

- 1) JONG SAO (R WRIST PALM INWARD BLOCK, INSIDE ARMS)
- 2) JUT SAO DA JUAN GERN (R,L)
- 3) JUT SAO + RAKE DOWN WITH L OR PULL NECK (MAN GEUNG SAO)
- 4) WRONG SIDE (OPP OTHER ARM) BOANG SAO (L LOOP UNDER & OUT THEN L BOANG SAO)
- 5) TAN SAO DA HA JUAN GERN (L,R)
- 6) GOANG SAO JONG SAO (R HIGH L LOW)
- 7) QUAN SAO (R LOW BOANG SAO L TAN) & STEP OVER
- 8) TAN SAO DA HA JUAN GERN (R,L)
- 9) GOANG SAO JONG SAO (L HIGH R LOW)
- 10) HUEN SAO JONG SAO (L HOOKS UNDER)
- 11) JUT SAO DA HA JUAN GERN (R,L)
- 12) SEUNG JUT SAO
- 13) SEUNG TOK SAO